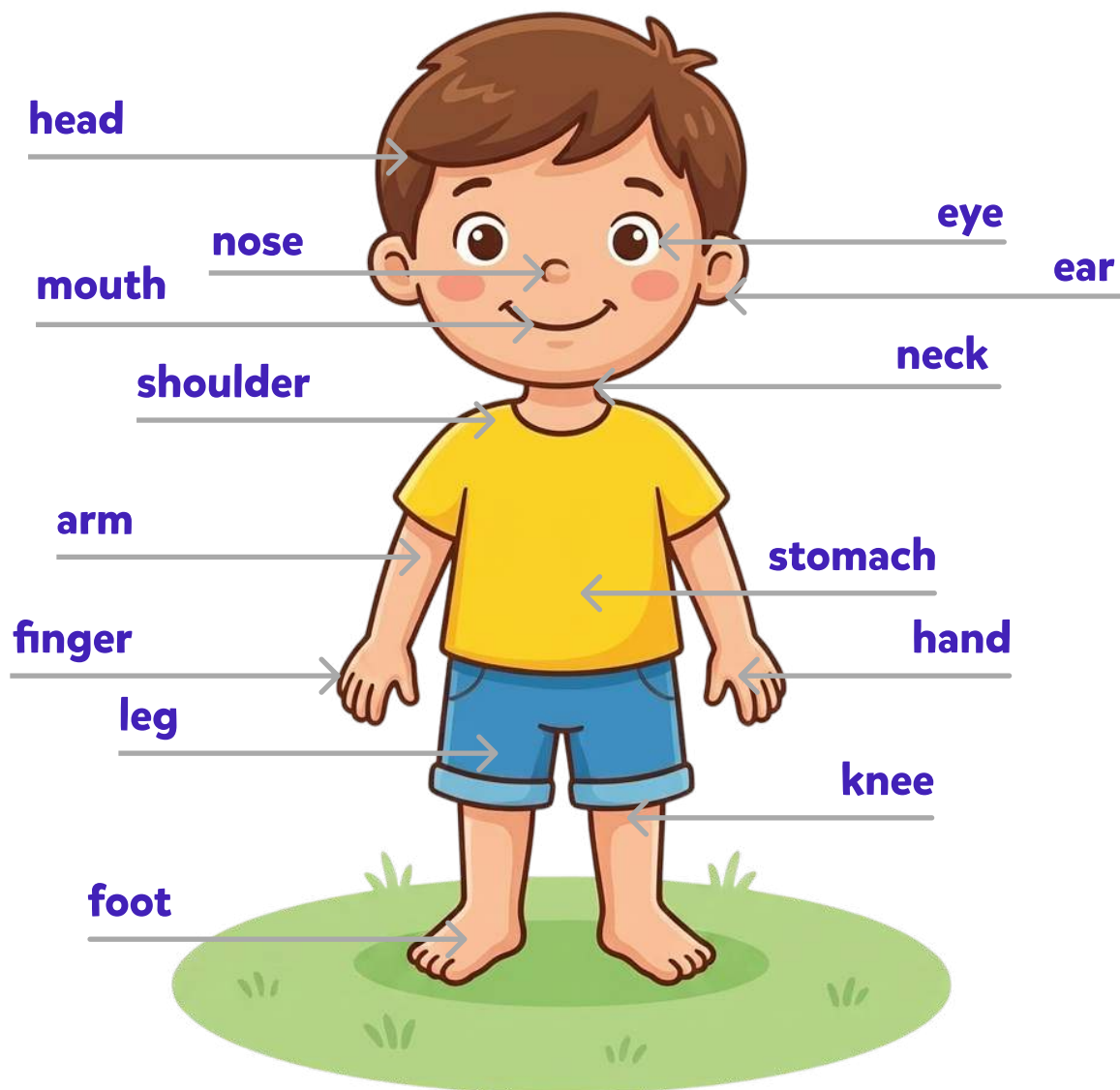


THE HUMAN BODY & HEALTH

In questa scheda imparerai a parlare delle parti del corpo umano, dei problemi di salute più comuni e di alcune semplici abitudini che ti aiutano a stare bene.

BODY & HEALTH / Il corpo e la salute

BODY PARTS



COMMON HEALTH PROBLEMS



a headache



a cold



a sore throat



a stomach ache



a toothache



a temperature



pain

HOW DO YOU FEEL?



I feel sick.



I feel tired.



I feel well.

WHAT'S WRONG?

I've got a headache.

I've got a cold.

My back hurts.

GIVING SIMPLE ADVICE

You should rest.

You should
drink water.

You shouldn't
stay up late.

1

Body Map Mystery / Indovina la parte del corpo

Leggi gli indizi e scrivi la parte del corpo corretta. L'prima l'abbiamo fatta noi come esempio.

1. You use these to hear. → **ears**
2. You use these to see. → _____
3. You use this to smell. → _____
4. You use these to hold things. → _____
5. You bend this in the middle of your leg. → _____
6. You use these to walk. → _____
7. This is between your head and your shoulders. → _____
8. You use these to pick up small things. → _____



2

What's Wrong? / Che cosa ha?

Leggi ogni frase e scegli la frase che descrive meglio il problema, come nell'esempio.

1. "My head hurts and I don't feel well."

A. I've got a headache. ✓

B. I've got a toothache.

C. I've got a sore throat.



2. "My throat hurts."

A. I've got a cold.

B. I've got a sore throat.

C. I've got a stomach ache.



3. "My stomach hurts after lunch."

A. I've got a stomach ache.

B. I've got a headache.

C. I've got a toothache.



4. "I feel very tired and hot."

A. I've got a temperature.

B. I've got a cold.

C. I've got a toothache.



5. "My tooth hurts."

A. I've got a sore throat.

B. I've got a toothache.

C. I've got a stomach ache.



6. "I have a cold and I feel tired."

A. I've got a temperature.

B. I've got a headache.

C. I've got a cold.



3 Health Coach / Dai il consiglio giusto

Leggi il problema e scegli il consiglio più adatto. Il primo è già fatto come esempio.

1. I'm very tired.

A. You should go to bed earlier. ✓

B. You should stay up all night.

C. You shouldn't sleep.



2. I've got a sore throat.

A. You shouldn't drink anything.

B. You should drink some water.

C. You should shout loudly.



3. I've got a headache.

A. You shouldn't rest.

B. You should watch TV all night.

C. You should rest.



4. I want to stay healthy.

A. You should never drink water.

B. You should eat healthy food and exercise.

C. You shouldn't move all day.



5. My tooth hurts.

A. You shouldn't tell anyone.

B. You should eat lots of sweets.

C. You should see a dentist.



6. I feel sick.

A. You shouldn't tell anyone.

B. You should tell an adult.

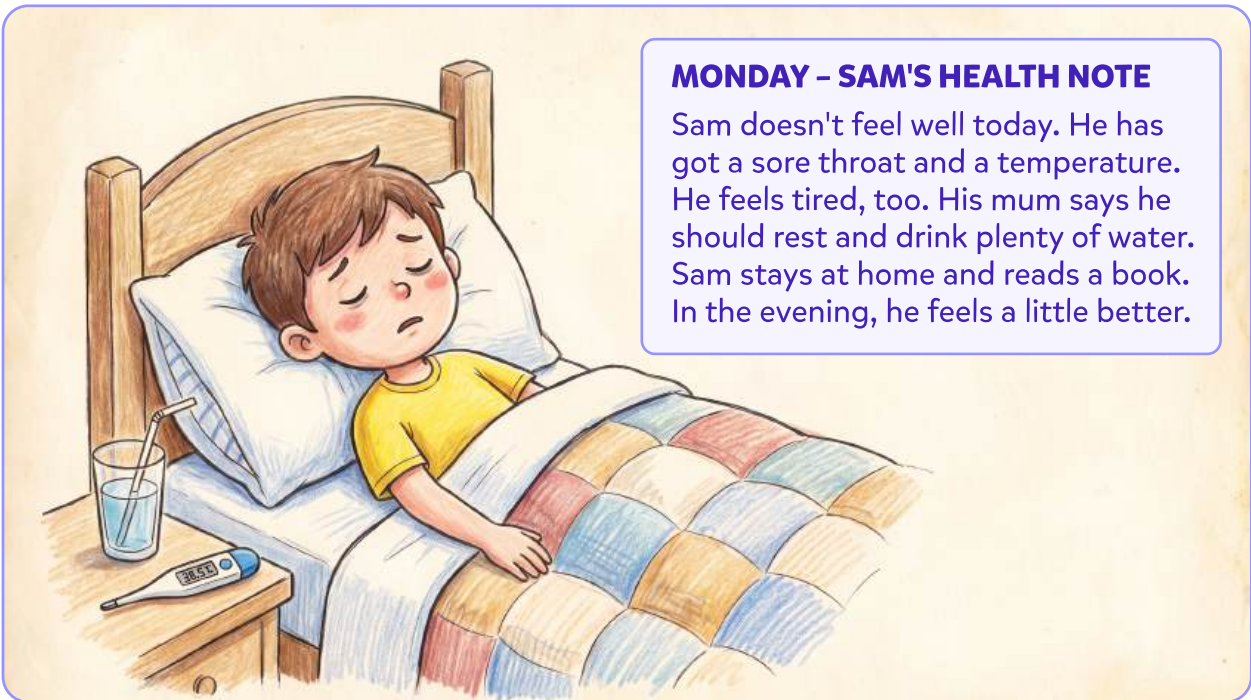
C. You should run outside for an hour.



4

Doctor's Notebook / Leggi e trova le informazioni

Il medico di Sam ha preso qualche appunto. Leggi quello che ha scritto e poi rispondi alle domande.



1. What problem does Sam have with his throat?

→ **A sore throat. ✓**

2. What does Sam have besides a sore throat?

→ _____

3. How does Sam feel?

→ _____

4. What should Sam do?

→ _____

5. Where does Sam stay?

→ _____

6. When does Sam feel a little better?

→ _____

5

At the Doctor's / Dal medico

Leggi il dialogo e completa le battute del paziente scegliendo quella giusta fra le frasi fornite

1. Doctor: Hello! What's wrong?
 Patient: **I've got a headache.✓**
 Doctor: Do you have a temperature?
 Patient: No, I don't.



2. Doctor: Hello! What's wrong?
 Patient: -----
 Doctor: Do you feel tired?
 Patient: Yes, I do. I don't feel well.



3. Doctor: What's wrong?
 Patient: -----
 Doctor: Does your throat hurt?
 Patient: Yes, it does.



4. Doctor: How do you feel?
 Patient: -----
 Doctor: You should rest and drink some water.
 Patient: OK. Thank you!



I've got a headache.

I don't feel well.

I feel tired.

My throat hurts.

SOLUZIONI

1 Activity 1

1) ears; 2) eyes; 3) nose; 4) hands;
5) knee; 6) feet; 7) neck; 8) fingers.

2 Activity 2

1) A; 2) B; 3) A; 4) A; 5) B; 6) C.

3 Activity 3

1) A; 2) B; 3) C; 4) B; 5) C; 6) B.

4 Activity 4

1) A sore throat. 2) A temperature. 3) Tired.
4) Rest and drink plenty of water. 5) At home.
6) In the evening.

5 Activity 5

1) I've got a headache. 2) I don't feel well.
3) My throat hurts. 4) I feel tired.